



Jyoti Gondek, Mayor

PROCLAMATION

Wear Red Canada Day is celebrated across our country to raise awareness about women's heart health. Cardiovascular health and wellness are important for all Canadians but significantly so for women, heart disease is the leading cause of premature death for women worldwide.

Whereas: The symptoms and risk factors of cardiovascular disease for women are different from men, so women need to be aware of these differences;

Whereas: Heart disease is largely preventable by reducing the risk factors and adopting a healthy lifestyle;

Whereas: Calgarians are encouraged to wear red on February 13 and learn more about protecting their heart health.

On behalf of City Council and Calgarians, I hereby proclaim February 13, 2023 as:

WEAR RED CANADA DAY

**JYOTI GONDEK
MAYOR**

