



# HEART DISEASE IN WOMEN | DID YOU KNOW?



Heart disease is on the rise and is the **#1 killer for women worldwide.**



**Men and women may have different symptoms during a heart attack.** These symptoms may not be recognized in more than half of all women.



Women and men can have **different types of heart disease.**



**Pregnancy complications and earlier menopause** are some specific risk factors for women.



Women living with diabetes are **3 times more likely to die from heart disease compared to men.**



There is a lot we can all do to **prevent or lower the risk of heart disease.**

SCAN WITH YOUR  
PHONE CAMERA APP



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#HERHEARTMATTERS



To take care of others, you need to first take care of yourself. **Start the conversation. Visit [WearRedCanada.ca](http://WearRedCanada.ca) or talk to your healthcare provider.**