



## OFFICE OF THE MAYOR

### PROCLAMATION

**WHEREAS:** Heart disease is the number one killer of women worldwide and the leading cause of premature death in women in Canada. Globally, cardiovascular diseases affect 1 out of 3 women and

**WHEREAS:** Yet women everywhere are under-studied, under-diagnosed, under-treated, and under-aware when it comes to their cardiovascular health. Worse, considering that 80% of a woman's risk factors are within her control, heart disease is largely preventable.

**WHEREAS:** Wear Red Canada Day is celebrated annually across Canada on February 13th to raise awareness about women's cardiovascular health. Organized events held across the country serve as a reminder for all people in Canada, but especially women, to be mindful, curious and proactive in the management of their heart health and wellness.

**WHEREAS:** Canadian Women's Heart Health Centre is observing February 13, 2022 as "Wear Red Day" in Red Deer

### NOW THEREFORE,

I, Ken Johnston, Mayor of the City of Red Deer, hereby officially recognize the efforts of the Canadian Women's Heart Health Centre to prevent and reduce death and disability from heart disease.

**IN WITNESS WHEREOF,** I have hereunto set my hand and cause the Official Seal of The City of Red Deer, Alberta, to be affixed.



Ken Johnston  
Mayor

