



Nova Scotia

# Proclamation

## Wear Red Canada Day

**WHEREAS** heart disease is the number one killer of women worldwide and the leading cause of premature death for Canadian women, a fact unknown to many women and their healthcare providers; and,

**WHEREAS** the Canadian Women's Heart Health Alliance is an organization of volunteer health professionals and patients working to improve women's heart health and to encourage Canadian women to be mindful, curious, and proactive in the management of their heart health and wellness; and,

**WHEREAS** Wear Red Canada Day is celebrated annually to raise awareness of heart disease in women and to support improved prevention, diagnosis, and care, with the goal of reducing premature deaths from heart disease among women.

**THEREFORE I**, Tim Houston, Premier of Nova Scotia, do hereby proclaim February 13, 2026, to be "Wear Red Canada Day" in the Province of Nova Scotia.



A blue ink signature of the name "Tim Houston".

Honourable Tim Houston  
Premier of Nova Scotia

Signed at Halifax, Nova Scotia