



# DECLARATION

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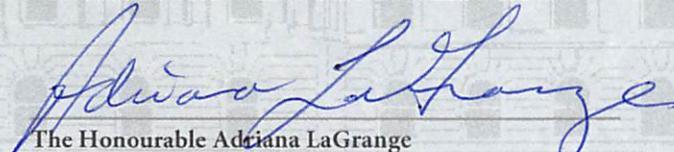
WHEREAS: Heart disease is one of the leading causes of death in Canadian women, accounting for over 24,000 deaths annually, according to the Canadian Women's Heart Health Centre at the University of Ottawa Heart Institute;

AND WHEREAS: Heart attacks go unrecognized in women up to 54 per cent of the time because women often present different symptoms than men, leading to later diagnosis and fewer options for treatment;

AND WHEREAS: Most Canadian women have at least one risk factor for heart disease, and the risk of heart disease is greatly increased in women who have diabetes, have a family history of heart disease, are experiencing menopause, or are of Indigenous, African, or Asian descent;

AND WHEREAS: The Government of Alberta commends the Canadian Women's Heart Health Alliance for their dedicated efforts to raise awareness and improve outcomes for women's cardiovascular health.

THEREFORE: THE HONOURABLE ADRIANA LAGRANGE, MINISTER OF PRIMARY AND PREVENTATIVE HEALTH SERVICES, IS PROUD TO DECLARE FEBRUARY 13, 2026, AS WEAR RED CANADA DAY IN ALBERTA.



The Honourable Adriana LaGrange  
Minister of Primary and Preventative Health Services